

NAVAL SUPPORT ACTIVITY NAPLES, ITALY

PLAN OF THE WEEK

SEP 07 - SEP 13



MISSION STATEMENT

To provide outstanding support to NATO and SIXTH Fleet, afloat units, 55 tenant commands and approximately 10,000 personnel. Ensure reliable command and control for all units in the Naples, Italy area of operation.

COMMANDING OFFICER

CAPT B. W. FOSTER

EXECUTIVE OFFICER

CDR M. T. RAMIREZ

COMMAND MASTER CHIEF

CMDCM C. A. MILLER

UNIFORM OF THE WEEK NWU/Flight Suit

FY25 OF THE YEAR AWARDEES

SENIOR SAILOR OF THE YEAR:.....NC1 MARTIKA VELASQUEZ

SAILOR OF THE YEAR:.....NC1 MIRIAM JUAREZ

JUNIOR SAILOR OF THE YEAR:.....CS3 SANA PRESHIA

BLUEJACKET OF THE YEAR:.....MASN ROCIO VELAFLORES

CIVILIAN OF THE YEAR (CAT 1): IARIA ACOCCELLA

CIVILIAN OF THE YEAR (CAT 2): LEONARDO PIPITONE

CIVILIAN OF THE YEAR (CAT 3): SHAWN OLSEN

OF THE QUARTER AWARDEES

SAILOR OF THE QUARTER:.....MA1 SEAN REDD

JUNIOR SAILOR OF THE QUARTER:.....CS2 ALYSSAWILLIAMS

BLUEJACKET OF THE QUARTER:.....MA3 MICHAEL CLARK

CIVILIAN OF THE QUARTER (CAT 1):.....ALESSIO STORTO

CIVILIAN OF THE QUARTER (CAT 2):.....PAOLA PIGA

CIVILIAN OF THE QUARTER (CAT 3):.....EDGAR RUBALCABA

COMMAND SECURITY MANAGER.....YNI PAULETTE MEADOWS

COMMAND CAREER COUNSELORNCC VANNOOTEN

COMMAND SEXUAL ASSAULT RESPONSE COORDINATORJOHANNA ROSARIO

COMMAND FITNESS LEADERMMCS RAY WILLIS

COMMAND URINALYSIS PROGRAM COORDINATOR.....YNC TIM MITCHELL JR.

COMMAND MANAGED EQUAL OPPORTUNITY OFFICERMACS ANDRES EGUIGURE

DRUG & ALCOHOL PROGRAM ADVISORMACS TROY GOLLIHAR

SENIOR WATCH OFFICER / WATCHBILL COORDINATORss.LT DYLAN STRUTHERS/FCC CODY CORE

SUICIDE PREVENTION OFFICER.....MAC STANLEY VOLNE

VOTING ASSISTANCE OFFICER.....VACANT

COMMAND ONBUDSMAN: NSA NAPLES/GAETA.....DIANE KINLAW/ALICE MILLER

COMMAND FINANCIAL SPECIALIST/SPONSORSHIP COORDINATOR.....MAC JAMES HORD

VICTIM & WITNESS ASSISTANCE PROGRAM COORDINATOR.....LT COOPER JONES

IMPORTANT CONTACTS

EMERGENCY CALLS ON BASE.....911 or 629-4911

EMERGENCY CALLS OFF BASE.....081 568 4911

AIR TERMINAL.....626-5283

EMERGENCY MANAGEMENT DEPARTMENT.....626-3585/5057/5240/2463/5303

FRAUD/WASTE/ABUSE HOTLINE.....626-2983

INFORMATION SECURITY VIOLATIONS.....626-2207

COMMAND DUTY OFFICER.....+39 335 825 7986

COMMAND FAP DUTY PHONE (ON-DUTY VICTIM ADVOCATE).....+39 331 691 8268

COMMAND DUTY CHAPLAIN.....+39 366 680 5972

COMMAND OMBUDSMAN.....+39 331 622 3453/+39 331 647 1634

COMMAND DUTY CASUALTY ASSISTANCE CONTROL OFFICER (CACO).....+39 345 870 4084

DOMESTIC VIOLENCE HOTLINE (24/7/365).....1-800-799-7233

DON CIVILIAN EMPLOYEE ASSISTANCE PROGRAM.....1-844-DON-CEAP (TTY 711)

NAVY INSPECTOR GENERAL.....1-800-522-3451 / NAVIGHotlines@navy.mil

SEXUAL ASSAULT HOTLINE (24/7/365).....1-800-656-4673, or chat online at rainn.org

SUICIDE & CRISIS LIFELINE (24/7/365).....Call or text 988, or chat online at 988lifeline.org

CDO WATCHBILL

DATE	7 SEP 2026	8 Sep 2026	9 Sep 2026	10 Sep 2026	11 Sep 2026	12 Sep 2026	13 Sep 2026
CDO	LS1 Anderson	MA1 Johndrow	MAC Frisby	MAC Vautour	MA1 McFarland	CMDCS Anastos	ABHC Perry
SUNRISE/SUNSET	0635/1925	0636/1924	0637/1922	0638/1920	0639/1919	0640/1917	0641/1915

NSA NAPLES, ITALY HPCON: ALPHA

MILITARY UNIFORM WEAR PROHIBITED OFF-BASE!

NOTES:

- **URGENT SAFETY NOTICE: IMMEDIATE ACTIONS REQUIRED FOR ALL CONFINED SPACE OPERATIONS:** Within the last quarter, NSA Naples has experienced two significant mishaps, both resulting from a failure to follow established confined space entry procedures. Incident 1: A contract employee performing utility work within a false floor was overcome by noxious gases, requiring an emergency rescue and extraction. Incident 2: An employee fell through an unprotected opening into a confined space after a glass utility panel was removed for cleaning. This incident not only caused injury but also resulted in damage to cultural artifacts and created a significant, unabated fall hazard.
- **Mandatory Procedures for All Confined Space Entries:** Per NAVSUPACTNAPLESINST 5100.13B, all confined spaces on NSA Naples installations are considered PERMIT-REQUIRED. There are no exceptions. All leaders, supervisors, and contracting officer representatives (CORs) shall immediately review their operations for any planned or ongoing work involving confined spaces. You **MUST** contact the NSA Naples Safety Office at M-NA-NSA-SAFETY@us.navy.mil prior to ANY entry into a confined space. This is not optional. Failure to notify constitutes a direct violation of command safety policy and places lives at risk. For any questions regarding this message or confined space procedures, please contact the Confined Space Program Manager, Mr. Paolo D'Alterio at 626-5105, paolo.dalterio.ln@us.navy.mil or the NSA Naples Safety Office immediately.
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ALCOHOL AWARENESS:

- Alcohol awareness is not a poster on a wall. It's a readiness issue, a safety issue, and a leadership issue. Every Alcohol-Related Incident (ARI) is preventable, and every preventable incident steals time, trust, and talent from this command. If you choose to drink, do it responsibly: have a plan, protect your shipmates, and do not drink and drive. Look out for the people who look "fine" but aren't. Real leadership is what you do before something goes wrong. Also, keep your decision-making clean when you're tired. Long days and watch rotations push people toward "quick fixes." OPNAV N173 highlights that energy drinks are widely used across the Fleet, and studies show they can raise blood pressure and impact the heart in ways not seen with coffee alone. Pairing alcohol, sleep disruption, and heavy stimulant use is a bad trade for your health and recovery. Read labels, know what you're putting in your body, and fuel smarter. For supplements and "legal" products: don't play games with your career. ALNAV 003/26 makes it clear: Sailors and Marines are prohibited from the use, possession, distribution, and/or manufacture of any product containing or derived from kratom, including mitragynine or 7-hydroxymitragynine, whether natural, semi-synthetic, or synthetic. Violations can trigger UCMJ action under Article 92. If you need help, get it early. Talk to your Chain of Command, your DAPA, or medical. Asking for support is a sign of strength, not weakness. Stay ready. Stay safe. Take care of each other.

PRACTICAL STEPS TO ACHIEVE SOBRIETY AND ENHANCE YOUR HEALTH:

- **Set Clear and Realistic Goals**
- Set specific, achievable goals.
- Write down your goals and keep them visible as a daily reminder of your new commitment(s).
- Make your goals measurable (e.g., "I will not drink on duty days").
- Start with manageable steps—every improvement supports warfighter health.

SEEK SUPPORT TO STRENGTHEN THE FORCE NO WARFIGHTER COMPLETES A MISSION ALONE:

- Some ways to find and receive support include the following:
- Talk to your battle buddies, family or chain of command about your decision.
- Join a support group like Alcoholics Anonymous (AA), or through military-specific programs and resources like **Military OneSource**.
- Consider speaking with a behavioral health professional or chaplain for confidential guidance.

EXPLORE ALTERNATIVE ACTIVITIES:

Replacing drinking with healthier activities can help you stay focused and mission ready. For example, find new hobbies or activities that support your physical and mental fitness and training. Some ideas for alternative activities include:

- Team sports to boost mental and physical fitness.
- Hobbies like listening to music or volunteering.
- Spending time with supportive friends and family
- Practicing stress management techniques such as meditation or deep breathing.

TAKE IT ONE DAY AT A TIME—STAY MISSION FOCUSED:

- You don't have to achieve full sobriety overnight. The NIAAA encourages taking things one day at a time and celebrating small victories. If you slip up, don't lose sight of the mission—use it as a learning experience and keep moving forward.

KNOW WHEN TO SEEK PROFESSIONAL HELP FOR READINESS:

- If you find it difficult to quit on your own, or if you experience withdrawal symptoms, it's important to seek medical advice. Reach out to a healthcare provider for support and treatment options. Quitting drinking is a vital step toward enhancing your health and ensuring you're always mission ready. By setting clear goals, seeking support and finding healthy alternatives, you help maintain you and your team's ability to fight and win.

NSA NAPLES COLOR GUARD:

- NSA Naples Command Color Guard needs more Sailors! If anyone is interested but has no prior experience, please contact PO1 Dominguez. We will handle all the training!

NSA NAPLES, ITALY HPCON: ALPHA

- To request Color Guard for events, we ask to please include the following in your email: POC/EMAIL/LOCATION/TIME/UNIFORM/REHEARSAL TIME AND DATE/ WILL TRANSPORTATION BE PROVIDED/ AND ATTACH THE 5050/5060 FOR THE EVENT AS SOON AS POSSIBLE.
- Please reach out to nsanaplescolorguard@us.navy.mil for events and daniel.p.dominguez3.mil@us.navy.mil for questions and more information.

SUICIDE PREVENTION:

Suicide can't be predicted, but it can be prevented.

- "I give up."
- "This isn't worth it. I'd rather be dead; you're better off without me."
- "I can't do anything right."
- "I don't know what I'm going to do, I have nowhere to go."
- "I can't believe s/he hurt me this way. It hurts too bad."

Things to look for:

- Drastic changes in behavior
- Declining self-care (weight loss or gain, disheveled appearance)
- No future plans, seems to have given up
- Social media posts with increasing images of alcohol, weapons, and feelings of loneliness and rejection.

SENIOR ENLISTED WARFIGHTER EDUCATION AND PROFESSIONAL STUDIES – PART TIME

BACKGROUND. The Senior Enlisted WEPS-PT program (formerly Advanced Education Voucher (AEV)) offers advanced education opportunities and provides financial assistance to senior enlisted personnel (E7-E9) to complete a Navy relevant, rate-related master's degree in designated rate-related areas of study through off-duty education. Applicants should be available to commence their studies after 01 October of the Fiscal Year for which they are selected (no classes will be funded prior to that date). The WEPS-PT Program supports the Professional Military Education Continuum. Participants in the WEPS-PT Program will be provided with funding for tuition, books, and related fees for completion of the advanced degrees within the following guidelines and funding limits:

- 1) The Navy is looking for superior performing active-duty senior enlisted personnel (E-7 to E-9) with strong upward mobility potential with the following qualifications to apply for the program.
- 2) Time in Service: E7 with no more than 20 years; E8 with no more than 23 years; and E9 with no more than 25 years as of 01 October of the Fiscal Year in which WEPS-PT funding is provided.
- 3) Master's Degree: Applicants must have a baccalaureate degree from an institution of higher learning accredited by an agency recognized by the Department of Education and only Navy-relevant, rate-related master's degrees will be considered. Funding limits are a maximum of \$30,000 per fiscal year for up to 24 months from the date of signing a letter of acceptance, not to exceed \$60,000 total program cost. Ten quotas are available. WEPS-PT is not authorized for courses used to earn an additional degree at the same or lower education level. WEPS-PT and tuition assistance benefits may not be combined, and reimbursement for any educational expenses incurred prior to participation in WEPS-PT is not authorized. Service Obligation: Upon completion of, or withdrawal from, education for which any authorized expenses were paid by the Navy, participants shall agree to remain on active duty for a period equal to three times the number of months of education completed or three years, whichever is less. This obligation is discharged concurrently with any other service obligation program participants may have already incurred. This agreement does not obligate the Navy to retain a member on active duty. If a program participant fails to complete the period of active duty specified in the agreement, such member will reimburse the United States for the cost of the advanced education received, prorated for the obligated time served. Eligibility: Applicants should be currently on, or transferring to, shore duty with sufficient time ashore to complete a master's degree program. Applicants on sea duty may apply provided they submit an education plan that shows the ability to complete the degree program as specified above.

APPLICATION REQUIREMENTS

For more information, including application templates, please visit the "FY2027 Senior Enlisted WEPS-PT Information Request" page (<https://forms.osi.apps.mil/r/2MaLGxg5BQ>). Applications must include endorsements by both the applicant's Command Master Chief (first endorsement) and Commanding Officer (second endorsement). Maximum length of each endorsement must be no more than one page from each endorser. Completed application packages, with endorsements, must be submitted no later than 08 July 2026 for the FY2027 Warfighter Education and Professional Studies – Part Time (Senior Enlisted) selection board. WEPS-PT Program Manager Contact Information The point of contact for this matter is LT Erick Lozano, OPNAV N711, at 703-695-6746 or via e-mail at OPNAV_N711@us.navy.mil.

Annual Counterintelligence and Insider Threat Training

As a reminder, per DoW and SECNAV Instruction, the NCIS Counterintelligence (CI) Awareness and Insider Threat Reporting (CIAR) training is a mandatory annual “in-person” requirement for US Navy Servicemembers, Reservists, Civilians, and Contractors only (US personnel only, not local hires). Online training or other CI or Insider Threat training (e.g. as prescribed by Commands or IT to get accounts/e-mail access) does not meet the requirement. Positions that cannot adjust shift work are the only exceptions. For those who haven’t attended a session yet, see the schedule below for upcoming training:

NSA Naples Capodichino Command Conference Center (CCC):

- 10 September 2026 - Capo CCC - 1000-1130
- 18 September 2026 - Capo CCC - 1000-1130
- 25 September 2026 - Capo CCC - 1000-1130

Deadline: 30 September 2026 (Training is tracked as Fiscal Year (FY) requirement)

Location: Building 453 (on the spine between NEX Mini-mart and NGIS “Capo Inn” near the automated post office boxes). Please continue to share on the deck plates, All-Hands, and on Plans of the Week, etc.

Training serves to reinforce important safety messages to personnel reminding all hands to maintain awareness of real-world threats and know how to promptly report CI, CT, Insider Threat, and FP concerns to NCIS.

COMMAND RESOURCES

Chain of Command: Your primary resource for guidance and support on any issue.

DAPA (Drug & Alcohol Program Advisor): Education, prevention, and confidential help for substance use concerns. Contact AC1 Evans (Evans, Clarence D PO1 USN NAVSUPACT NAPLES IT (USA)); (C) +39 081 568 5223; or MA1 Johndrow (emily.j.johndrow.mil@us.navy.mil); (C) +39 081 568 5951.

Financial Specialist: Free, confidential counseling for budgeting, debt, savings, and financial planning. Contact MAC Hord (james.h.hord2.mil@us.navy.mil); (C): +39-348-186-1730.

CMEO (Command Managed Equal Opportunity Advisor): Ensures a fair and respectful environment; addresses discrimination and harassment. Contact MACS Eguigure (andres.d.eguigure.mil@us.navy.mil); (C) +39-376-271-4124

CMEO NOTE: Combat readiness starts with command trust. Discrimination, harassment, and retaliation have no place in our Navy. If you experience or witness behavior that violates our standard of dignity and respect, report it immediately. Contact your CMEO, MACS Andres Eguigure, at 626-3986 or via email at Andres.d.eguigure.mil@us.navy.mil.

DEOCS CMEO NOTE: THE DEOCS IS LIVE! Your voice matters. Take a few minutes to provide open, honest, and candid feedback about our command climate. Your individual DEOCS responses are private and cannot be identified by command leadership.

[https://www.surveysdrc.com/deocs_portal/\(S\(rmewpy4vgxdfn3yk3ne4ruml\)\)/EnterEmail.aspx](https://www.surveysdrc.com/deocs_portal/(S(rmewpy4vgxdfn3yk3ne4ruml))/EnterEmail.aspx)

Behavioral Health: Confidential assessment, counseling, and treatment for mental and emotional well-being. Contact Medical: 626-4786; 629-6306

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S. CLESCA.
YNC (SW), USN

NSA NAPLES, ITALY HPCON: ALPHA

THE PLAN OF THE WEEK CONTAINS OFFICIAL INFORMATION AND IS NOT TO BE REMOVED FROM THE LIMITS OF NSA NAPLES, ITALY.
ALL PERSONNEL ARE RESPONSIBLE FOR KNOWLEDGE OF THE CONTENTS OF THE PLAN OF THE WEEK.